

**INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
REGIONAL CENTRE BHOPAL**

**ACADEMIC COUNSELLING SCHEDULE - FOR CERTIFICATE IN NUTRITION AND CHILD CARE (CNCC) PROGRAMME**

**GOOGLE MEET LINK: <https://meet.google.com/aat-ahgb-qej>**

**SESSION - JANUARY 2024**

S.No.	Programme Code	Date	Day	Time	Course Code	Block/Units to be covered	Name of the Academic Counsellor
1	CNCC	24.04.2024	Wednesday	06.00 PM to 08.00 PM	CNCC-01: NUTRITION FOR THE COMMUNITY	Block - 1: Basic Concept in Nutrition - I (Unit - 1, 2 & 3)	Dr. G. Dhivya
2	CNCC	25.04.2024	Thursday	06.00 PM to 08.00 PM		Block - 2: Basic Concept in Nutrition - II (Unit - 4, 5 & 6)	Dr. G. Dhivya
3	CNCC	26.04.2024	Friday	06.00 PM to 08.00 PM		Block - 3: Meal Planning (Unit - 7, 8, 9 & 10)	Dr. G. Dhivya
4	CNCC	27.04.2024	Saturday	06.00 PM to 08.00 PM		Block - 4: Effective Utilisation of Food Resources (Unit - 11, 12, 13, 14, 15 & 16)	Dr. G. Dhivya
5	CNCC	28.04.2024	Sunday	06.00 PM to 08.00 PM		Block - 5: Nutrition Related Disorders (Unit - 17, 18, 19, 20, 21 & 22)	Dr. G. Dhivya
6	CNCC	30.04.2024	Tuesday	06.00 PM to 08.00 PM		Block - 6: Nutrition Programmes (Unit - 23, 24 & 25)	Dr. G. Dhivya
7	CNCC	02.05.2024	Thursday	06.00 PM to 08.00 PM		Block - 7: Quantity Cooking	Dr. G. Dhivya
8	CNCC	29.04.2024	Monday	06.00 PM to 08.00 PM	CNCC-02: Organising Child Care Services	Block - 1: Introduction to Child Care and Development (Unit - 1, 2, 3, 4 & 5)	Dr. Rashmi Shrivastava
9	CNCC	01.05.2024	Wednesday	06.00 PM to 08.00 PM		Block - 2: The Child Development in the First Twelve Month (Unit - 6, 7, 8, 9, 10 & 11)	Dr. Rashmi Shrivastava
10	CNCC	03.05.2024	Friday	06.00 PM to 08.00 PM		Block - 3: The Child Development During Toddlerhood (Unit - 12, 13, 14, 15 & 16)	Dr. Rashmi Shrivastava
11	CNCC	06.05.2024	Monday	06.00 PM to 08.00 PM		Block - 4: The Child Development During Preschool Years (Unit - 17, 18, 19 & 20)	Dr. Rashmi Shrivastava
12	CNCC	08.05.2024	Wednesday	06.00 PM to 08.00 PM		Block - 5: Play Activities for Preschoolers - I (Unit - 21, 22, 23 & 24)	Dr. Rashmi Shrivastava
13	CNCC	10.05.2024	Friday	06.00 PM to 08.00 PM		Block - 6: Play Activities for Preschoolers - II (Unit - 25, 26, 27 & 28)	Dr. Rashmi Shrivastava
14	CNCC	13.05.2024	Monday	06.00 PM to 08.00 PM		Block - 7: Organising Child Care Centre (Unit - 29, 30, 31, 32 & 33)	Dr. Rashmi Shrivastava

**Signature: Sd/-**

*Name of the Counselling In-charge: Dr. Subash Ranjan Nayak, ARD RC Bhopal*

**Signature: Sd/-**

*Sr. Regional Director: Dr. Bini Toms*